

# Sanpete Groups

<b>Youth Skills</b>	<b>Mon 3-7:00    Wed 3-7:00</b>
<b>Adult Skills</b>	<b>Mon 9:15-1:15    Mon 9:30-2:30    Wed 9-1:00    Wed 9:30-2:30</b> <b>Thur 9:15-1:15    <u>Thur 9:30-2:30</u></b>
<b>Early Recovery</b>	<b>Mon 2-3:45</b>
<b>Drug Court Aftercare</b>	<b>Tue</b>
<b>Helping Women Recover</b>	<b>Wed 4-5:00</b>
<b>Helping Men Recover</b>	<b>Wed 4-5:00</b>
<b>DBT</b>	<b>Tue 4-5:00</b>
<b>MRT</b>	<b><u>Thur 3-4:00</u></b>
<b>Seeking Safety</b>	<b>Mon 9:30-11:00    Wed 2:45-3:45</b>
<b>Thinking Errors</b>	<b>Thur 4-5:00</b>