

# Treatment & Care CUCC Provides

- ❖ **Outpatient**: Outpatient treatment provides a variety of specialized services tailored to patient care. Our experienced staff will conduct personalized assessments and consultations to meet each patient's unique needs, utilizing the best available resources.
- ❖ **Intensive Outpatient**: An intensive outpatient program is designed for patients who need more focused support, with each session providing dedicated time for treatment and recovery. This program allows individuals to receive a high level of care while maintaining their daily routines.
- ❖ **Residential**: Residential treatment provides care for individuals needing more intensive mental health therapy than what is offered in regular outpatient sessions. Clients stay in a short-term residential facility where they receive continuous care and treatment for serious mental health conditions. This program is ideal for those with severe mental health issues, or individuals transitioning from hospitals or psychiatric facilities. It offers a supportive, secure environment, allowing patients to focus on their recovery and overall well-being.
- ❖ **Crisis support**: Support is here. If you or someone you know is facing a crisis, take comfort in knowing you are not alone—help is available.
- ❖ **Prevention**: CUCC is dedicated to promoting positive, healthy lifestyles by proactively reducing and eliminating risk factors that impact individuals and communities. We follow evidence-based practices that engage community leaders, organizations, and agencies to unite in prevention efforts.